

**FIND
your
FOUR
ROUTES
THROUGH
NHS CARE**

primary
CARE

Primary care services are normally the first places you will contact about your health. For example, your GP practice.

secondary
CARE

If you need more treatment or care than you are able to get from primary care, then you will be sent on to a secondary care service. For example, a cardiologist, who will care for your heart health.

HIV
*specialist
services*

HIV specialist services ensure you are receiving the right HIV treatment for you, and that you are keeping well.

*charity sector
services*

**AND PEER
SUPPORT**

Outside of the NHS, charities and peer support can provide additional services and information to help you live well with HIV.

Find out more about where you can get support from on the *Find Your Four* website